



ACES Team Guidelines

ATTENDANCE:

Every effort should be made to attend all practices and be on time. That means "on the field, warming up" by the start of each practice. If you arrive at the start of the scheduled practice you are late!

ABSENCES:

If a player must miss a practice, she must contact the head coach and let him know. If a player misses the last practice before a game, she should expect to sit the first game of the next friendly/tournament. This rule is not meant to punish players who must miss practice, it is meant to encourage and reward players who are there. The more a player is absent from practices, the less chance is that she will be playing in games. In the event that a player misses a practice or game or has to leave early from either, it is the responsibility of the player to Call the Coach, check team email, Use Team Snap and view the team website www.acessoftball.org and get any updated information for upcoming events. A player is expected to attend every team function unless she has been given permission from the coaching staff to be absent.

INJURIES:

In the event of an injury, if possible, the player should still attend practice. Much can be learned from helping coaches and listening to practice. If you are injured or become ill during a game or practice it is your responsibility to report it to a coach immediately.

ATTIRE/EQUIPMENT:

Come prepared to play. IT IS MANDATORY THAT PLAYERS WEAR THEIR PRACTICE UNIFORMS DURING PRACTICE. All equipment should be taken care of with respect, at all times, as it will have to be returned and used by other players.

CELL PHONES:

Cell phone use is not permitted ever (at practice, during warm-ups or at games).

DUGOUT: Coaches & Players in dugout ONLY. Parents are encouraged to support their children. However, during practices and games parents must refrain from approaching the dugout to coach, counsel, or to critique their daughter. Players do not leave dugout during games unless given permission. Drinks, seeds, and gum only. No food, unless ok'd by a Coach. **DO NOT WALK INTO THE DUGOUT AND HAND YOUR PLAYER ANYTHING.** Players will come to the opening of the dugout and obtain what you want them to have.

UNIFORMS:

Players should ARRIVE in the correct uniform for all games and it should be clean and in good shape. Faded shirts and torn apparel should be replaced immediately; players need to contact team managers ASAP.

NO ONE will be allowed to play if not in FULL & COMPLETE uniform. **THE UNIFORMS, JACKETS, HELMETS & BAT BAGS ARE NOT YOUR PROPERTY AND THEY ARE EXPECTED TO BE RETURNED TO YOUR HEAD COACH AT THE CONCLUSION OF THE SEASON.** Approximate value of the above mentioned items is \$1,000.00. Please take proper care of the uniforms when washing them. Do not wash

your uniform with any other clothing, including your game or practice socks. The dye in the socks and other clothing will show up on your uniforms, therefore always wash your uniform by itself.

CONDUCT:

Good sportsmanship and professional behavior is expected at all times, and in all circumstances. FOUL LANGUAGE IS NOT ACCEPTED. There should be no conversation with umpires, coaches, players, or parents regarding a call or a play. It is also good sportsmanship for parents to allow coaches to coach. Parents are encouraged to work with their daughters, but not during game time or practices. That includes comments or instruction when up to bat & especially after errors.

HUSTLE:

Your daughter's image as an ACES Athlete is an important one. She is a member of the ACES Organization and is expected to conduct herself with pride and integrity both on and off the field. SHE IS EXPECTED TO ALWAYS RUN ON AND OFF THE FIELD DURING GAMES AND PRACTICES. During game time, parents, be your daughter's mom & dad...be her biggest fan.

COMMUNICATION:

All information concerning our softball program will be posted at our website on a regular basis. We will not handout maps, practice or game schedules to the players or parents. Everything you need to know about this softball program will be listed and accessible on the ACES Website www.acessoftball.org
It is the players and parents responsibility to access our team site on a daily basis. The coaching staff will not contact the players/parents concerning schedule, practice, field changes, or team events unless the changes were made within 24 hours of event.

ADDRESSING CONCERNS/PROBLEMS:

We encourage an open relationship between coaches, players, and parents. Parents should call the head coach to set up an appropriate time to address questions or concerns. For your sake and for the sake of the team, do not bring up concerns before, during or after a game or practice. Make arrangements to address your concerns away from the field.

The 24 Hour Rule: Give yourselves 24 hours after a game to cool down and then call the manager or coach. We will be happy to discuss your concerns at that time.
These guidelines are meant to make the ACES program run as smoothly as possible. Please take each of them as seriously as we do. It's easy to exhibit good sportsmanship when things are going our way. How do we conduct ourselves when things are not going our way?

Please sign acknowledgement and return to Team Manager(s) before the 1st Team Event.

Alcohol and Drugs: We Have a ZERO tolerance policy for drugs and alcohol. If any athlete is caught Drinking, bringing or participating in the use of Alcohol or drugs while on ACES time they will be removed from our roster immediately. NO REFUNDS Given!

Dues - Dues are late after the 5th of the month. If they are not paid by the 15th of the month a \$50.00 late fee will be added onto your balance.

Fees: When asked fill out a form you will be responsible to complete that in a timely manner.